

Craig Ormerod Associates Ltd.

Subject Overview: PSHE (KS4)

PSHE is taught through the three strands recommended by the PSHE Association:

- ***Health and Wellbeing (HW)***
- ***Living in the Wider World (LWW)***
- ***Relationships and Sex Education (RSE) ****

* RSE topics that form part of September 2020's statutory guidelines are shown in red.

YEAR 10

Year 10 study begin with a series of LWW topics that link specifically to pupils' GCSE subjects, with an emphasis on future study and/or career opportunities. HW lessons focus on pupils' inter and intra-personal skills. The RSE strand tackles several issues of critical relevance to today's young people.

Topics include:

- Career choices
- CV writing
- Suicide
- Anti-social behaviour
- Workplace rights and responsibilities
- Tattoos and piercings
- Bereavement
- Social anxiety
- Binge drinking
- Forced and arranged marriages
- LGBTIQ+: Issues of identity
- Revenge porn
- Sexism and gender prejudice
- Crimes, gangs and County Lines
- Money Laundering
- Criminal justice system
- Homelessness
- Hate crime
- Harassment and stalking
- Parenting

YEAR 11

Year 11's RSE study encourages pupils to adapt the knowledge and experience gained throughout KS3 and KS4 to their own personal situations and preferences. LWW themes will equip pupils with more of the skills they will need once they leave school. In the final term, pupils will focus more heavily on the HW strand during the lead-up to their GCSE exams.

Topics include:

- Applying to College and University
- Relationships: Types and sexuality
- Happiness and its importance
- Break-ups
- 'Good sex'
- Rape and sexual abuse
- Safe sex and chem sex
- Body positivity
- GCSE revision and study skills
- Independent living
- Trade unions
- Internet safety and the Dark Web
- Decision-making and risk taking
- Perseverance and procrastination
- Sleep patterns
- Personal safety